



January 2009 - Happy New Year!

LATEST NEWS

[Beech Acres Parenting Center](#)

[Urban Appalachian Council](#)

ABOUT EVERYBODY RIDES METRO

Everybody Rides Metro is a foundation to improve sustainable lifestyles for the Cincinnati community through Metro. Everybody Rides Metro (ERM) is the first foundation in the nation to be formed by a regional transit authority.

Providing reliable transportation to help those in need connect to jobs, schools, healthcare, and vital human services.

ERM MAKES INTERNATIONAL HEADLINES



The Everybody Rides Metro Foundation was featured in the most

Dear Matt,

Welcome to the January 2009 edition of *The Journey*, the monthly newsletter of the Everybody Rides Metro Foundation. Each month, we will be featuring agencies who partner with ERM to provide their clients with bus tokens for medical, educational, and employment purposes. We have been inspired by their stories, and we hope that you will be, too!

Please take a moment to forward this email on to anyone you think may be interested. Use the "forward email" link in the bottom right-hand corner of this email to send it on to others.

Happy New Year from all of us at Everybody Rides Metro!

ERM Partner Agency Spotlight: Beech Acres Parenting Center partners with Metro



A parent participant in Beech Acres Parenting Center's Power in Parenting® initiative relaxes with her children at a holiday event. Everybody Rides Metro Foundation's discounted tokens program helps some families who otherwise might not be able to afford to attend programs at Beech Acres.

This month's first Partner Agency Spotlight focuses on two programs offered by nonprofit Beech Acres Parenting Center - *Power in Parenting®* and *Every Child Succeeds*. These programs are partnering with Everybody Rides Metro Foundation to provide tokens to families with

featured in the most recent issue of Cubic Corporation's quarterly magazine, *Collection Point*. Cubic Transportation Systems designs, manufactures and integrates automatic fare collection systems for public transit projects throughout the world. *Collection Point*, also distributed throughout the world, has helped to place ERM Foundation in the international spotlight. [Click here to read the article...](#)

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children who otherwise might not be able to afford to attend doctor's appointments, school meetings or other essential visits.

Power in Parenting is an innovative initiative with free one-on-one support and mentoring to help parents prepare their children for success in kindergarten and beyond. A parent mentor from the community works closely with other parents to help them develop goals for themselves and their children, ensure their children are on track in school, and access resources so their children are able to achieve success. Power in Parenting is based on Beech Acres' innovative approach called "intentional parenting," and focuses on helping parents identify and support their unique strengths and gifts, as well as those of their children.

Every Child Succeeds, offered in partnership with Help Me Grow and Cincinnati Children's Hospital Medical Center, builds parents' capabilities to provide an optimal start for children, also helping ensure kindergarten readiness. Beech Acres' program links first-time moms with prenatal and primary care, tracks developmental milestones, and helps with overall life course development.

"Everybody Rides Metro has allowed us to provide additional services to our families with transportation needs, and we are very grateful for the opportunity to partner with the foundation," said Connie Harrison, team leader for the Every Child Succeeds program at Beech Acres.

Beech Acres Parenting Center has served children and families in Greater Cincinnati since 1849. Helping children grow to become capable, caring, contributing adults has been its steadfast focus for 160 years. Beech Acres' programs and services are based on the guiding principle that *all parents* want the best for their children, and deserve support, guidance and advice along the way. For program information, visit www.BeechAcres.org or call 513-231-6630. For parenting articles, tips and community, visit www.MyParentingSource.com.

ERM Partner Agency Spotlight: Urban Appalachian Council



An employee of the UAC stands outside the office located in Lower Price Hill.

Now ERM turns its spotlight on the work of the Urban Appalachian Council

Founded in 1974 with a mission to improve the quality of life for Appalachian migrants and their descendents in the Cincinnati Area, the Urban Appalachian Council (UAC) develops and promotes models for effective delivery of services to people born in (or whose families come from) the Appalachian Mountain region. Urban Appalachian refers to people of Appalachian descent who settled in northern and mid-western cities from various states and in Cincinnati; most urban Appalachians have roots in Kentucky, Tennessee, Virginia and West Virginia.

There are many ways in which the UAC helps its clients: they offer GED programs, life skills programs, working with Ohio Lifeline to help provide telephone service, offering emergency assistance to keep clients from losing gas/electric services and financial education.



Everybody Rides Metro has helped provide tokens that are used by many of their clients to access services such as getting to a doctor or hospital, or taking students to their GED program so they can get a diploma and get a job.

One such client is a young mom who was studying for her GED. She also registered and completed the Young Mom's Parenting Program. She is raising two children by herself and is also on public assistance. She achieved her GED and has signed up for a local college program. She is currently participating in job readiness training at UAC, but should start college soon. As a result of UAC's parenting classes and other support, she and her children will have a much better life.

Another client was in need of emergency medical equipment to help him with a breathing disorder. The client was extremely ill and needed this

device to help him breathe at night. He was applying for his benefits and had no health insurance. Even though he has worked most of his adult life at a local agency helping provide food for needy families, he couldn't get the help he needed. Through the Enquirer's Wish List, UAC was able to get the client the needed medical equipment to help him live a more comfortable life.

You can learn more about the UAC and its clients through a speaker's bureau that provides storytelling, writing and art in the community. For more information, visit www.uacvoice.org.

Want your agency to be featured here?

We would love to speak with you further about what your organization does and how Everybody Rides Metro helps you with your work. Please contact Rita Potts at 513-632-9246 or rpotts@go-metro.com to set up an interview.

**Thank you,
Everybody Rides Metro Foundation**

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